



BeNCH CRC
Changing lives together

**Unit 5, Baron Avenue
Telford Way Industrial Estate
Kettering
Northants NN16 8UW**

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Fax: 01536 524282
www.benchcrc.org.uk**

From M1 Southbound 🚗

- Leave the M1 at junction 19 and join the A14 towards Kettering and Cambridge.
- Leave the A14 at junction 7, signposted Kettering and A43.
- At the roundabout take the second exit onto the A4300.
- At the first roundabout take the first exit onto Telford Way.
- Take the first left onto Baron Avenue.
- We are situated on the right hand side.

From M1 Northbound 🚗

- Leave the M1 at junction 15 and join the A508 towards Northampton.
- Continue onto the A45 towards Kettering and Wellingborough.
- Leave the A45 to join the A43 towards Kettering.
- Follow the A43 until the A14 junction 8.
- Pass straight over the A14 onto the A6013, continue ahead at the roundabout and take the second left onto the B5323 towards the crematorium.
- At the T junction with the A4300 turn right, then take the first exit at the first roundabout onto Telford Way.
- Take the first left onto Baron Avenue.
- We are situated on the right hand side.

By Rail 🚆

- Kettering is the nearest railway station.
- We are a short taxi ride from the station.
- For further information on train times and fares please call the National Rail Enquiry Line on 08457 484950.

